

Health and Wellbeing Board

14 May 2015

Health and Wellbeing - Area Action Partnership Links



Report of Andy Coulthard, Area Action Partnership Coordinator, Assistant Chief Executive, Durham County Council

Purpose of the Report

1. The purpose of this report is to provide an update in relation to the work taking place to enhance the interface between Area Action Partnerships (AAPs) and the Health and Wellbeing Board to improve the alignment of AAP developments and investments and the priorities of the Partnerships.

Background

2. The last report on the work of AAPs was presented to the Health and Wellbeing Board on 3 September 2014. This report forms part of a six monthly update to the Board that reviews joint working between health and wellbeing partners and the 14 AAPs.
3. The September 2014 report highlighted the development of a working group including colleagues from Durham County Council (DCC), Clinical Commissioning Group (CCG), AAPs and the Voluntary and Community Sector (VCS) in relation to improving AAP/VCS interface with the Health and Wellbeing Board as well as the Children and Families Partnership. Specific consideration was given to identifying areas of potential duplication, enabling us to streamline these, where possible.
4. In June 2014 colleagues from the above partners developed the group's initial action plan identifying a number of key areas of work which would improve the alignment of AAP supported programmes with the priorities in the Joint Health and Wellbeing Strategy (JHWS) and the Children, Young People and Families Plan.
5. In December 2014 the action plan was updated and added to. The group identified the sharing of engagement and communication opportunities alongside the utilising and pooling of any external funding opportunities between partners as further key areas of work. This work has been taken forward by the following people:

- Andrea Petty DCC (Planning & Service Strategy)
- Julie Bradbrook DCC (Planning & Service Strategy)
- Gordon Elliott DCC (Assistant Chief Executive's Office)
- Sandy Denney 3 Towns AAP/AAP coordinator for CFP

- Andy Coulthard Mid Durham AAP/AAP coordinator for HWB
- Phil Malyan DCC (Commissioning)
- Denise Elliott DCC (Commissioning)
- Sue Carty DCC (Commissioning)
- Gary Stokoe Voluntary and Community Sector
- Gill Eshelby DCC (Youth Offending Service)
- Michael Houghton North Durham CCG
- Chris Scorer DCC (Public Health)

An update on the action plan

6. An updated action plan is included at Appendix 2. It is proposed that the ongoing and outstanding actions from the plan will be amalgamated within the agenda of the Community Wellbeing Partnership (CWP). The Community Wellbeing Partnership is a multidisciplinary group whose aim is to support transformational change that improves the health and wellbeing of the residents in County Durham and aims to reduce inequalities and social isolation.
7. These actions naturally align themselves to the work of the Partnership and will link closely to the Wellbeing for Life and preventative programmes including adult social care to meet the requirements of the Care Act 2014.
8. Further details are outlined below in relation to progress against specific actions.

Wellbeing for Life and local asset mapping

9. Asset mapping is a key activity of the 'Wellbeing for Life' programmes e.g. working on what already exists in communities and building community resilience. Area Action Partnerships have been an integral part of local asset mapping and information from this work will be shared with AAPs and relevant practitioners' as and when it becomes available.
10. There are two delivery programmes which come under the umbrella of 'Wellbeing for Life'. The first is entitled Wellbeing in Targeted Communities, with specific programmes currently taking place as part of a three year pilot scheme in partnership with the following AAPs:
 - Mid Durham Older People
 - Stanley Tobacco
 - Bishop Auckland General health as part of Health Express
& Shildon (BASH)

11. The wellbeing in targeted communities programmes focus on specific aspects of health using Public Health (PH)/AAP data to target key communities of need within each AAP area. Health trainers will deliver the work closely with PH, AAPs and Durham University identifying local volunteers who will be trained as 'Health Trainer Champions' who in turn will work with those individuals within the targeted communities who need the support most. The asset mapping exercise for the wellbeing in targeted communities programme is being carried out by Durham University.
12. The second programme is the overall Wellbeing for Life service which went live on the 1st of April 2015 and will be delivered by a consortium of providers based around three physical locations and one satellite base in:
 - North Durham
 - South west Durham
 - East Durham
 - Dales (satellite)
13. An update on the Wellbeing for Life Service was provided to the Health and Wellbeing Board at their meeting on 11th March 2015.
14. The Wellbeing for Life service will operate within the 30% most deprived communities and make a difference to the individual and their sense of community. The service will provide support to people to live well, by helping to address the factors which influence their health and build their capacity to be independent, resilient and maintain good health for themselves and those around them. The service will go beyond looking at single-issue services and a focus on illness, and instead will aim to take a whole-person and community approach to improving health. The service will be complementary to the existing wellbeing in targeted communities' initiative. The asset mapping for the wellbeing for life service will be carried out by Durham Community Action. The CWP will be responsible for developing, monitoring and the evaluation of the Wellbeing for Life approach (including academic input).
15. Relevant information from the mapping exercises will be published on 'Locate' for information. This enables groups to keep their own information up to date and available to the local and wider community.

Health and Wellbeing as an AAP priority

16. In the latter part of 2014, the AAP's consulted with their Forums and identified their priority areas of work for the 2015/16 period. A full list of AAP Priorities for 2015/16 is attached at Appendix 3.

17. Out of 14 AAP's 10 have identified health as a priority. In addition to this Mid Durham, Bishop Auckland and Shildon (BASH) and Stanley AAP's, as previously indicated in paragraph 9, are taking part in the Wellbeing in Targeted Communities pilots whilst the 4 Together AAP has health as an overarching theme across its three priority areas of older people, young people and employability.
18. In addition to the above paragraph PH has, for the second year running, provided £10,000 of funding to each AAP to spend on health priorities within their local area during 2015/16 therefore, making health and wellbeing an integral part of all 14 AAPs work during the 2015/16 period. A list of the AAP/PH funded projects from 2014/15 is attached at Appendix 4.
19. Board members should note that although we have highlighted PH funded projects the AAPs have funded, and will be funding a wide variety of local needs led health and wellbeing programmes. Currently the AAPs are focusing upon a number of mental health issues including suicide prevention and dementia awareness.
20. A nominated public health representative is aligned to each AAP providing support and advice in relation to the wider public health agenda, including guidance in relation to local health priorities, which alongside other local data influenced how the PH funding was allocated in 2014/15.
21. It should be noted that PH representatives are not members of the AAP Boards. Involvement of PH representatives is different across the AAP's with some representatives attending task and finish groups where appropriate, whilst others working directly with AAP coordinators. Further discussions between PH and AAPs will take place in May to evaluate the work that has taken place in 2014/15 work and how this can be built upon in 2015/16.
22. Health representation on AAP Boards is through the relevant CCGs.
23. To support the allocation of PH as well as the Durham Dales, Easington and Sedgefield CCG recent allocation of £300,000 across the 9 AAPs connected to their area of delivery it is proposed that closer work will take place between the PH representative and the CCG Board member to identify key local health issues as an AAP agenda item. These issues will be identified using evidence from the JSNA/JHWS, CCG patient and AAP Forum engagement feedback and PH profiles.

24. The need to share AAP best practice which impacts upon the wider wellbeing and prevention work across the County will be addressed through the following processes:
- The AAPs have already placed 'learning from best practice' as a standard agenda item on their regular Coordinators meetings. This is being done under the County Durham Partnership (CDP) five 'Altogether Better' themes.
 - An annual 'AAP's Together' forum event will be planned for the end of 2015 which will allow AAPs to come together to discuss best practice and the sharing of ideas.
 - The regular CDP Forum events bring together AAPs and members of the thematic partnerships to discuss work that impact upon each of the 'Altogether Better' themes.
 - The Health Networks aligned to the Durham Dales, Easington and Sedgefield CCG as well as the North Durham Health Alliance (formerly Derwentside and Durham / Chester le Street Health Networks) will also offer multi partnership arenas for joined up discussion. As part of their role they will also seek to address wider health and wellbeing issues that cut across many of the AAPs.
 - The CWP will also enable AAPs and partners to share and learn from best practice

Commissioning arrangements

25. Discussions have taken place on how DCC can support smaller local VCS providers to bid for DCC contracts. This is being addressed through the Children and Adults Services, Durham County Council, Market Position Statement 2015/17 which sets out the direction of travel for Children and Adults Services over the next two years, which now includes information on supporting VCS consortia bids. A number of meetings have taken place with VCS representatives to forward this agenda and an AAP representative has been in attendance at each session.

Communication and Engagement

26. Discussions have taken place concerning several areas of work linked to shared communication and engagement.
27. Social media is used by a number of partners as a method of communication to share information and gather views. All 14 AAP's have a Facebook page.
28. The AAP Facebook pages have a wide local reach which makes them invaluable when local information needs to be communicated eg village or Parish specific. The AAPs can also communicate more general countywide information, such as the publication of plans and strategies which can be included in their regular AAP e-bulletins or newsletters.

29. In addition, DCC also hosts a Facebook page and has a twitter account to offer another way of communicating and engaging with members of the public. These can be a valuable interactive tool to help build online communities with shared interests, as well as enabling information sharing.
30. North Durham and Durham Dales, Easington and Sedgefield CCG's also have a Facebook page which they use to advertise events.
31. There is a wide range of engagement activity taking place across partner organisations; it may be useful to identify opportunities of how partners can collectively better utilise these events/mechanisms.
32. Several of the AAP's have excellent links to young people and use Facebook linked to survey monkey to find out young people's views (through schools as part of IT lessons). The AAP's hold forum events in October/November to identify the AAP priorities for the coming year and have utilised a variety of methods to engage residents so that they can base their decisions using the views of the people that live in their areas.
33. It is proposed that Communication and engagement becomes a standing item on the agenda of the CWP to allow partners to map out in advance the potential to coordinate engagement.
34. The Communication Plans 2015/16 for the Health and Wellbeing Board and Children and Families Partnership are currently being developed, they will seek to incorporate the above range of communication and engagement methods available across partner organisations (including the use of social media) to support the work of the Partnership Boards. The Communication Plans will be developed by June 2015.

Funding opportunities

35. There are a range of funding opportunities available, which different organisations can bid for. The CWP will explore opportunities to develop bids for funding opportunities to support and align to the the Joint Health and Wellbeing Strategy.
36. Resources should to be targeted to places which are most in need, and that AAP local expertise, PH and CCG data along with the Joint Strategic Needs Assessment should be used to identify these areas in order to provide a more targeted approach to funding bids. This again lends itself to alignment with the Wellbeing for Life and preventive programmes.
37. It is proposed that the development of this work should be through the CWP with all relevant partners in place.

Recommendations

38. The Health and Wellbeing Board is recommended to:

- Note the work that is taking place.
- Note the improved alignment of work of the AAP's to the Health and Wellbeing Board.
- That work will progress through the Community Wellbeing Partnership.
- The AAP/public health supported projects in 2014/15 (Appendix 4).

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Appendix 1: Implications

Finance

Not applicable

Staffing

Not applicable

Risk

Not applicable

Equality and Diversity / Public Sector Equality Duty

Not applicable

Accommodation

Not applicable

Crime and Disorder

Not applicable

Human Rights

Not applicable

Consultation

Not applicable

Procurement

Not applicable

Disability Issues

Not applicable

Legal Implications

Not applicable

Appendix 2 - AAP interface with Health and Wellbeing Board action plan

Action		Lead	Timescale
Alignment of Priorities	AAPs will work on projects that are not already statutorily being provided in order to bring added value to the work of the H&W Board.	Gordon Elliott / AAP Coordinators	Ongoing
	AAP updates to be provided to H&W Board	AAP Coordinators	Six monthly
Asset based approach	Wellbeing in Targeted Communities - Local asset mapping is currently being undertaken in Mid Durham, Shildon and Stanley AAP areas as a three year pilot project which will be evaluated by Durham University	Public Health/Durham University	Ongoing with final evaluation December 2017
	Wellbeing for Life - Local asset mapping is currently being undertaken across the top 30% most deprived wards across the county by Durham Community Action	Durham Community Action	Ongoing
VCS Funding	VCS Market Engagement Events to be held across County Durham	Phil Malyan / Commissioning colleagues.	3 events annually
Links between Public Health, CCGs and AAPs	Convene AAP Co-ordinators meeting with Public Health aligned representatives to discuss key issues/ways of working across the AAP's	Andy Coulthard	May 2015
	CCG Board member (working with PH representative) to identify key local health issues as an agenda item (linked to evidence in JSNA/JHWS, public health profiles etc)	Public Health AAP lead/AAP coordinators/CCG Board members	Ongoing
Communication and Engagement	Develop Communications Plans for the Health and Wellbeing Board and Children and Families Partnership	Julie Bradbrook	June 2015
Funding Opportunities	Consider funding opportunities and develop appropriate bids	Community Wellbeing Partnership	June 2015 onwards

Appendix 3
Area Action Partnership Priorities 2015/16

Health related priority highlighted in red

AAP Area	AAP Priorities 2015-16
Teesdale	<p>Older People (including health and wellbeing) Children and Young People (including health and wellbeing) Transport and Environment Supporting Community Organisations (Small Grants Fund)</p>
Weardale	<p>Support to Groups in Weardale Support and Activities for Children and Young People Employment, Jobs and Tourism Health and Wellbeing incl. Support and Care for the Elderly</p>
Mid Durham Rural	<p>Support for younger people (including Health and Wellbeing) Support for older people (including Health and Wellbeing) Support for the voluntary and community sector Employment and Job prospects Road safety</p> <p>Targeted Wellbeing Programme – Older People</p>
East Durham Rural	<p>Activities for Children and Young People Health and Wellbeing Older People With Crime and Community Safety running through</p>
3 Towns (Crook, Willington, Tow Law)	<p>Crime and Community Safety Health and Wellbeing Employment , Job Prospects, Education and Training With an overarching priority of Children and Young People</p>
Derwent Valley	<p>Activities for children and young people Employment, education, training and regeneration Older people and health and wellbeing Culture, art and tourism (cross cutting priority)</p>
Chester le Street	<p>Crime and Community Safety Opportunities for Children and Young People Health & Wellbeing (which includes and strengthens support for older people and carers) Improved Environment</p>

AAP Area	AAP Priorities 2015-16
	Development of Town and Villages Employability and Welfare Reform
Durham City	Activities for Young people Older people Supporting Voluntary and Community Sector Health
East Durham	To be confirmed at AGM in May 2015. Likely to be: Maintaining the Social Fabric of our Communities Health, Mental health and Wellbeing Job Creation, Education and Training Children and Young People
4 Together (Chilton, Ferryhill, Cornforth, Bishop Middleham)	Older People Young People Employability (Health & Wellbeing overarches the priorities)
Great Aycliffe & Middridge	Activities for Young People Support to Community & Voluntary Sector including Older People Employment, Enterprise, Education & Training (Health & Wellbeing to be included when possible)
Bishop Auckland and Shildon	Employment, Education and Training, Children and Young People and Crime and Community Safety (with a cross cutting theme of raising Community Aspiration) Targeted Wellbeing Programme – General
Stanley	Opportunities and Activities for Young People Regeneration of Stanley and its Villages Support for the Elderly, Carers and Disability Groups Targeted Wellbeing Programme – Tobacco
Spennymoor	Safer, Stronger, and Healthier Communities Town Centre Regeneration Employment & Job Prospects (including Children and Young People)

Appendix 4 – Public Health and AAP Supported Projects 2014/15

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
4-Together AAP		
<p>ASK Helpline – The Cornforth Partnership - The ASK helpline is a free confidential text service that has been delivered across County Durham by The Cornforth Partnership since 2011. The number of young people accessing this support service has grown massively year on year highlighting the need for the project. Current funding is running low and they are passionate about keeping this vital service alive for young people. The funds will enable the helpline to keep open from 10am to 9pm Monday to Friday. The helpline is staffed by professionally qualified youth workers with a range of training and specialisms in the issues raised by young people including self-harm, drug and alcohol use and sex and relationships amongst others. The project is ideally designed to reach out to young people at the most vulnerable and isolating times in their lives. ASK provides professional support and information which is available outside of traditional support service hours using the medium of texting which young people are comfortable and familiar with.</p>	<p>Total Project Cost: £38,134.36 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • Young people will have increased awareness of a confidential support service. • Young people will be better informed of youth issues and will have information needed to make better choices with regards to their own negative risk taking behaviour. <p>PI's</p> <ul style="list-style-type: none"> • 5 Voluntary groups supported • 4 community buildings supported • 600 young people involved in schemes to support healthier choices • 20 young people involved in schemes to reduce ASB • 20 young people involved in substance misuse initiatives • 1 scheme aimed at improving mental health and wellbeing
Bishop Auckland and Shildon AAP		
<p>Flexible Emergency Packs Provision - Woodhouse Close Church - Flexible Emergency Packs are distributed to those in crisis and are tailored to suit their particular needs. For example: food supplies, fuel payments, personal hygiene items. The typical cost for a crisis pack is £35 per case. Provision</p>	<p>Total Project Cost: £10,250 Public Health: £5,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • local people will have structured support to take them out of the poverty cycle • More local people will have improved

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>complements the Furniture re-use scheme and Thrift Shop ran by the church. The scheme is supported by local organisations, community groups and volunteers.</p> <p>Flexible emergency provision and crisis intervention - Shildon Alive - Funding will pay for the purchase of electricity and gas meter cards. This will aim to ensure families in crisis will stay warm and dry whilst at the same time teaching budgeting skills and supporting healthy choices. Part of the £5k will also support a “Guerrilla Gardening” programme of activities - 600 children will take part in targeting areas of Shildon that need “sprucing up”. Funding will pay for plants and equipment and the employment of horticultural experts to support the activity. Ran successfully in 2014 the gardening programme developed individuals own sense of worth and community ownership.</p>	<p>Total Project Cost: £5,000 Public Health: £5,000</p>	<p>opportunities to learn budgeting skills through robust partnership working</p> <ul style="list-style-type: none"> • Low level crime, such as shop lifting, will decrease <p>PI's</p> <ul style="list-style-type: none"> • 5 Voluntary groups supported • 690 benefiting from schemes to reduce impact of welfare reform <p>Outcomes</p> <ul style="list-style-type: none"> • People can manage to eat without resorting to criminal activity • People's health will not be adversely affected by the cold or the worries about where the next meal will come from • Long term outcome is for regular saving, leading to better lifestyles • People will engage with other agencies who can help them to live better <p>PI's</p> <ul style="list-style-type: none"> • 7 voluntary groups supported • 400 benefiting from schemes to reduce impact of welfare reform
Chester-le-Street AAP		
<p>Advice in County Durham – Chester-le-Street Advice Hub Pilot - Developing a joined up referral service, by having staff and volunteers from the partner organisations involved, on a rotation basis at the Foodbank, to assist and</p>	<p>Total Project Cost: £5,468 Public Health:</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • More people will be able to access the range of advice services benefitting from food parcels,

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>providing diversionary activities. They also wish to develop weekly sessions, which will include; mindfulness – self-esteem building – confidence building – unlocking your potential – cultivating healthy thinking – plus other groups which will promote positivity in recovery and a pathway to other services and opportunities in the community.</p>		<ul style="list-style-type: none"> • Improve the health and wellbeing of older women • Added value by providing access to a number of services and health professionals as part of the 'live well and keep well' service • Pathway to other services that can reduce social isolation and enhance wellbeing • Support people on their recovery from alcohol addiction <p>PI's</p> <ul style="list-style-type: none"> • 2 Voluntary and community groups supported • 2 Community buildings and facilities supported • 2 jobs safeguarded • 8 people trained • 6 weeks of training • 8 people benefitting from alcohol and substance misuse reduction initiatives • 2 schemes aimed at improving health and wellbeing • 40 people benefitting from schemes aimed at reducing health inequalities and early deaths
Derwent Valley AAP		
<p>Derwent Valley Diners - Derwent Valley Diners is a pilot project which aims to benefit older people living in the Derwent Valley Partnership area, particularly those experiencing social isolation. It will promote the benefits of neighbourliness, seek to improve older people's health and quality of life and encourage local communities to be increasingly self-supportive by working</p>	<p>Total Project Cost: £18,543 Public Health: £2,500</p>	<p>PI's</p> <ul style="list-style-type: none"> • 15 people engaged in voluntary work • 15 people trained • 1 scheme aimed at protecting vulnerable people from harm

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>together. Older people will benefit from a nutritious meal cooked and packaged by a local catering establishment and brought to their home weekly by a volunteer who will provide regular social contact. They will collect meal orders, deliver their meal to them and may stay for a while to keep them company. Age UK County Durham will negotiate best prices with catering providers. While older people will pay for their meal, the aim will be to provide a nutritious, good value for money meal. A simple referral process will operate and volunteers will be DBS checked, reimbursed for their travel and provided with relevant training and support, in addition to project related equipment. They will be given opportunities to acquire new skills and boost confidence which may also help them to gain employment.</p>		<ul style="list-style-type: none"> ● 1 scheme aimed at improving the quality of life, independence, care and support for people with long term conditions
<p>Healthy Starts - In 2013, the Partnership supported the development and delivery of a number of Healthy Living Activity Sessions which were available to all toddler groups across the area. These sessions highlighted the importance of healthy food choices, portion sizes, regular mealtimes and keeping children active. Families also took part in hands on activities to reinforce the idea of making healthy choices and were involved in making their own healthy snack looking at different choices, expense of food, time for preparation and portion size. Based on the success of the previous project, the feedback and evaluation data obtained from the parents who took part and the opportunity for these sessions to now be delivered to children of nursery and reception age, the Partnership will be supporting the delivery of additional sessions aimed at nursery and primary school age children.</p>	<p>Total Project Cost: £6,160 Public Health: £4,000</p>	<p>PI's</p> <ul style="list-style-type: none"> ● 15 toddler groups engaged ● 150 families engaged ● 252 adult beneficiaries ● 298 children beneficiaries
<p>HAGGRID Branches Out - The HAGGRID project is based on three key steps namely education, community and activity. 13 young people have been referred from Consett Academy to take part in the project, all are key stage 3 and identified as lacking confidence, low aspirational/self-esteem and/or</p>	<p>Total Project Cost: £19,560 Public Health: £2,500</p>	<p>PI's</p> <ul style="list-style-type: none"> ● 1 community building/facility supported ● 13 young people involved in schemes to help them make healthy choices and give them the

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>potential NEETs. The HAGGRID project delivers a full level 1 diploma in practical horticulture skills through City and Guilds and there are Police led citizenship/life skills lessons based around common local issues such as environment, drugs, alcohol, assault and domestic violence. The project intends to work with school staff and pupils to initially improve access and install new wheelchair friendly raised beds, continuing then with the development of a reflective/quiet area, sensory garden and vegetable growing patch to link to 'family cooking on a budget' sessions.</p>		<p>best start in life</p> <ul style="list-style-type: none"> • 1 scheme aimed at improving support and outcomes for families • 60 children / young people to benefit from the project overall
Durham AAP		
<p>'Open Art' Surgery - RT Projects designs – The project will target specific groups of vulnerable people across the Durham AAP areas that are experiencing mental health problems. This includes people with dementia, adults with a learning disability, people with multiple sclerosis, men at risk of suicide, and their families and carers. It will provide the opportunity for individuals to engage in meaningful creative activity, regular social interaction and to learn and share new skills. Integral to delivery is the community resource 'The Open Art Surgery' in Gilesgate, Durham. The surgery is a purpose-designed art studio for people with disabilities, containing all the necessary components for us to achieve the aims. Within each project they provide a range of activities in direct response to individual's interests and needs, incorporating woodcarving, printmaking, music, stained glass windows and puppetry. They have a comprehensive range of materials and equipment on site to enable staff to respond to each individual's needs and interests.</p>	<p>Total Project Cost: £13,100 Public Health: £10,000</p>	<p>PI's</p> <ul style="list-style-type: none"> • 2 voluntary groups supported • 1 community building supported • 10 volunteers • 100 people benefitting from schemes aimed at reducing health inequalities and early deaths

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
East Durham AAP		
<p>Centre of Excellence – The project is to employ a new Dementia Support Worker for 3 days a week to work in the East Durham area employed by the Alzheimer Society. The employee will be based at the Robin Todd Centre which will become a centre of excellence for East Durham. The development of this project will give comprehensive information, support and signposting to services for dementia patients and their families. This support will be one to one or group activities and will include emotional, financial and medical advice, developing support networks designed to give emotional support to those families and carers feeling isolated and alone.</p>	<p>Total Project cost £32,000 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • The creation of a centre of excellence in East Durham for families and sufferers of dementia. • Newly diagnosed Dementia patients and families receiving help and support from the start of their diagnosis. • Creation of Dementia Friendly East Durham with community activities and support delivered in local community centres and hubs. • Links created between groups/service providers with pathways to help/support clearly identified. <p>PI's</p> <ul style="list-style-type: none"> • 1 job created • 1 scheme created to tackle mental health and wellbeing • 50 people benefiting from a scheme aimed at reducing health inequalities and early deaths
East Durham Rural Corridor AAP		
<p>Employability Pit Stop – Mental health and Wellbeing - The purpose of the project is to engage, motivate, increase confidence and provide employability skills development to East Durham residents. The project will target individuals of working age who require support to navigate the present Welfare reforms. In particular those residents who have poor access to formal learning opportunities, the support delivered through this project will focus upon developing skills to improve employment prospects. Progression will be</p>	<p>Total Cost: £41,879 Public Health; £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • 85% beneficiaries will report improved employment skills • 80% clients report increase in knowledge and skills • 85% clients demonstrate ability to conduct independent job search

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>supported through the provision of impartial Information, Advice & Guidance linking to a range of support agencies i.e. welfare support, economic, employment and skills services.</p> <p>Through encouraging work and job prospects as a viable option this pilot aims to reduce the concern and anxiety of local people in respect of welfare reform, in particular the introduction of universal credit.</p>		<p>PI's</p> <ul style="list-style-type: none"> • 2 voluntary groups supported • 3 community facilities supported • 6 volunteers engaged • 1 job created • 1 job safeguarded • 10 people supported into employment • 180 advice and guidance sessions provided • 1 IT connectivity initiative supported • 40 people benefitting from schemes to reduce impact of welfare reform • 1 scheme aimed at improving mental health and wellbeing
Great Aycliffe and Middridge AAP		
<p>Youth CREE project – Greenfield School - The project will engage young people in positive activity to help them feel good, cope better with pressures and help reduce self-harm. It is planned to bring in external experienced facilitators who will lead activities and promote wellbeing. Some sessions will take place in both Aycliffe Secondary Schools (Greenfield and Woodham), and also outside of school hours.</p>	<p>Total Project Cost: £14,500 Public Health: £10,000</p>	<p>Outcome</p> <ul style="list-style-type: none"> • Support young people to improving their general wellbeing and to cope with pressure <p>PI's</p> <ul style="list-style-type: none"> • 200 young people involved in a scheme which will support them to make healthier choices and a better start in life • 1 scheme aimed at improving mental health and wellbeing
Mid Durham AAP		
<p>Neighbourhood Networks – A community engagement pilot scheme managed by Durham Community Action. The scheme is aimed at supporting older socially isolated residents to become more active and more aware of</p>	<p>Total Cost: £32,000 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • Older people feel more secure, better cared for and have a better quality of life

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>the services in their village and the surrounding areas that they could access to improve their quality of life. The scheme will use and train local volunteers and will take place in Esh Winning, New Brancepeth and Cornsay Parish.</p>	<p>AAP AB: £2,000</p>	<ul style="list-style-type: none"> • Increased access to information and advice which enable them to make informed decisions about their own wellbeing • Older people can be supported to help them remain in their homes and independent longer • Older people are involved in the development and implementation of this project <p>PI's</p> <ul style="list-style-type: none"> • 6 volunteer engaged • 1 scheme developed to improve mental health and wellbeing • Minimum of 60 people benefitting from schemes aimed at reducing health inequalities and early deaths
<p>Spennymoor AAP</p>		
<p>To Be or Not To Be - The aim of the project is to design and deliver a course for young men that explore healthy relationships and the right time to have a baby. It will be a ten week course suitable for boys aged 11-13 yrs/ KS3. The project will deliver two courses per year over one year to groups of 15 boys, working with 30 boys and 1 school for the duration of the project. The programme will address issues young boys face with a holistic approach, giving them time to experience, explore and discuss the factors involved in being a 'good' boyfriend, partner and father in later life. It will have a major focus on healthy relationships, relationship abuse and violence as well as giving participants the skills and experience to break the cycle of poor parenting in the future by exploring the realities of becoming a father too soon.</p>	<p>Total Project Cost: £13,235 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • Increased awareness of fatherhood responsibility • Increased knowledge on relationships • Increase confidence and self esteem • Increased empathy and pro social behaviour <p>PI's</p> <ul style="list-style-type: none"> • 30 young people involved in schemes to help them make healthier choices and a better start in life • 1 scheme aimed at improving support and outcomes for families

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
		<ul style="list-style-type: none"> 1 scheme aimed at protecting vulnerable people from harm
Stanley AAP:		
<p>Stanley Crees Project (Not yet fully signed off) - East Durham Trust will expand the CREE project across the Stanley area with the development of two new groups. Working in partnership with two local community and voluntary groups, the first being the Just for Women Centre we will establish a designated space in an adjoining property which will offer a variety of activities in a male only environment. These activities will suit each individual's needs- allowing members to share ideas, interact, improve communication skills and make new friends. The space used will allow activities such as indoor horticulture, refurbishing and upcycling pieces of furniture, smaller woodwork projects such as toy making & window boxes, and other craft activities such as Proggy mats, mosaics, and hanging baskets as well as having space to relax and socialise. Future activities will be chosen by the men in the group.</p> <p>The second group will be either a Men's or Women's CREE and will be developed in partnership with local community and voluntary group outside of the Town Centre (as yet to be identified, but possibly in South Moor or Annfield Plain). The group will initially offer a variety of activities that could include; Bingo, Board and Card Games, beauty sessions, cookery, coffee mornings, trips to local attractions, fishing trips and also fundraising/sustainability activities. Once the group is established new activities will be developed as the men/women who attend are empowered to take ownership and develop their ideas.</p> <p>Both groups will be facilitated by volunteers trained in Mental Health First Aid</p>	<p>Total Project Cost: £10,000 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> Increase social activities for potentially vulnerable and reduce isolation. Increase capacity within the community by training local volunteers in Mental Health First Aid and ASIST Suicide Intervention training. Provide signposting and route into local support services (including Welfare Rights). <p>PI's</p> <ul style="list-style-type: none"> 2 Voluntary groups supported 30 people given access to new cultural/sporting/recreation opps 2 volunteers engaged 2.5 training weeks 2 schemes aimed at improving mental health and wellbeing

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>and ASIST. They will provide signposting to potential referral agents as required including Relate, Welfare Rights or other health services. The volunteers are supported by their host CREE group, East Durham Trust and the overarching CREE network.</p>		
Teesdale AAP		
<p>Healthy Starts – Pre-School Learning Alliance - The project supports local families with information relating to health and wellbeing and supports the local volunteers who run the groups to do a more effective job in supporting the families in an ongoing capacity. The focus for the healthy starts project is based on preventing health issues by giving children the best start in life right from the weaning and crawling stage. The project will focus on giving families information and advice on various issues around healthy weaning and the importance of exercise for children.</p>	<p>Total Project Cost: £5,076 Public Health: £2,538</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • Supporting community volunteers to increase their skills in supporting families who attend their toddler groups • Supporting families in making healthier choices for their families • Providing children hands on activities to participate in <p>PI's</p> <ul style="list-style-type: none"> • 10 voluntary groups supported • 100 children involved in a scheme to help them make healthy choices • 100 people benefiting from schemes aimed at reducing health inequalities
<p>Teesdale Retired Farmers Lunches/Socials – Upper Teesdale Agricultural Support Services Limited - Since September 2012 UTASS has been delivering a project to provide socially isolated men over 60 in Teesdale with hot, nutritious meals and the opportunity to socialise. The sessions have also been used to offer information, advice and guidance on a range of relevant topics such as benefit entitlement. The sessions have taken place on a monthly basis at Middleton in Teesdale and Barnard Castle Farmers Auction Marts.</p>	<p>Total Project Costs: £6,181</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • Socially isolated older men have improved wellbeing and mental health through participating in social activity • Socially isolated older men feel less isolated and more involved with their local communities.

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>Enriching Rural Lives – Teesdale YMCA - Focusing on mental and physical health the project will deliver a range of workshops and support sessions that engage communities members aged 10 – 85 years. There are 3 elements to this project; Intergenerational Project – A continuation of the work focusing on young people working with residents with dementia on heritage projects; Art workshops – the delivery of 12 workshops over the year that would bring a creative outlet to Teesdale for all ages; Access to sport and healthy lifestyles. 10 opportunities over the year enhanced by youth workers and including healthy eating projects and key messages.</p>	<p>Total Project Cost: £3,290 Public Health: £2,000</p>	<p>PI's</p> <ul style="list-style-type: none"> • 1 voluntary group supported • 2 community facilities supported • 55 people given access to new cultural and recreational opportunities • 2 new volunteers engaged • 2 schemes aimed at improving mental health and wellbeing <p>Outcomes</p> <ul style="list-style-type: none"> • Developing local heritage skills • Increased access to opportunity, impacting on their physical health and wellbeing. • Enhance their emotional wellbeing through holistic workshops & increased learning based on nature, landscape and heritage <p>PI's</p> <ul style="list-style-type: none"> • 2 community facilities supported • 227 people given access to new cultural and recreational activity • 2 schemes aimed at improving health and wellbeing
<p>Keeping in touch in Teesdale – Leap in Teesdale - To teach people over 50 to use computers in order to prevent social isolation, loneliness and depression. They will run 2 separate courses every week in term time, each running for two hours with a break in the middle. Each learner will fill out an initial assessment at the beginning of the course and will agree an individual</p>	<p>Total Project Cost: £7,634 Public Health: £3,462</p>	<p>Outcomes:</p> <ul style="list-style-type: none"> • People will be able to word process simple documents • People will be able to use the internet • People will interact in a social environment, getting them out of their houses and

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>learning programme. They will also continue with the computer club at Charles Dickens Lodge but the reviewing of the achievement of the learners will be more informal.</p>		<p>preventing social isolation</p> <p>PI's</p> <ul style="list-style-type: none"> • 1 voluntary group supported • 7 people engaged in voluntary work • 12 people trained • 3 schemes to improve mental health and wellbeing
<p>Three Towns AAP</p>		
<p>Young People's CREE Project - The Young Peoples Cree project is based at St Cuthbert's centre in Crook, the initial funding for the project came from Durham County Council Public Health via East Durham Trust as part of their Countywide Cree initiative created to support mental health and emotional wellbeing for individuals with a specific role of reducing suicide. Jack Drum Arts were asked to pilot one of the County's first Young Peoples Cree projects as a direct response to the high risk of suicide amongst young people in Wear Valley. The project consists of a regular weekly session every Tuesday with staff being available during office hours each day. Currently 20 Young People aged 13-19 attend the sessions with over 45 accessing since July 2014. The cree is set up as a place for music making, film making, drama, circus skills and other creative activities that are appealing to the Young People as well as a space where individuals can come to chill out, make friends and access important information and guidance.</p> <p>The current funding ended on the 31st of March the Public Health money and Area Budget will ensure the service can continue and that is staffed correctly with both Artist and youth worker running the project particularly in terms of dealing with issues of disclosure, mental health and suicide and being able to be responsive to the needs of the most vulnerable people in the 3 Towns</p>	<p>Total Project cost: £27,618 Public Health: £10,000</p>	<p>Outcomes</p> <ul style="list-style-type: none"> • A widening of the range of activities available with a specific focus on arts and wellbeing provision for young people at risk of self-harm, mental health problems and suicide. • Improved mental health and emotional wellbeing for Young People • Opportunities for young people to be signposted to the many other activities • A targeted number of participants receive training and mentoring from our staff <p>PI's</p> <ul style="list-style-type: none"> • 1 voluntary and community groups supported • 2 people engaged in voluntary work • 1 Job Created • 2 People trained • 1 Scheme aimed at improving support and outcomes for families • 1 scheme aimed at protecting vulnerable

Outline of Scheme	Expenditure	Predicted Outcomes and PI's
<p>play area, the other connecting all of the play apparatus. To complement the existing disability equipment, which is accessible for wheelchairs, and to be more inclusive, the plan will include two additional sets of swings with cradle and bucket seats.</p>		<p>cultural/sporting/recreational opportunities</p> <ul style="list-style-type: none"> • 12 people involved in local decision making processes • 1 tourism initiatives supported

